

## Introduction

Hi everyone,

We're thrilled to introduce you to the **East Midlands Paediatric Academic Network** (EMPAN)! Whether you're new to audits, quality improvement (QI), and research, or already well-versed, EMPAN is here to support you at every stage. We are a local research network dedicated to helping trainees across the region connect, collaborate, and thrive in their academic and research journeys. Some of you may have met us at the recent school conference.

Here's what you can look forward to:

**1. Quarterly Newsletter** – Full of tips and resources to support your ongoing projects.

**2. New Website** – Provisionally launching in February 2025, alongside the school's website. It will feature educational resources and information on upcoming opportunities.

**3. Education Support Project** – We're setting up a system to answer your questions on audits, QI, and research work.

Feel free to reach out with any questions at: [eastmidspan@gmail.com](mailto:eastmidspan@gmail.com)

Best wishes,  
Alex Yule & Nurshifa Shaari  
Co-Chairs, EM-PAN

### EMPAN Co-chairs



Alex Yule



Nurshifa Shaari

### Education Leads



Usama  
Abdulrazak



Rashida  
Javed

### QIC Representative



Rebecca  
Calthorpe

### IT & Social Media Management



Senali  
Seneviratne

### Academic Members Group



T'ng Chang  
Kwok

### TRN RCPCH Representative



Aarti  
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### EMPAN Communication Team



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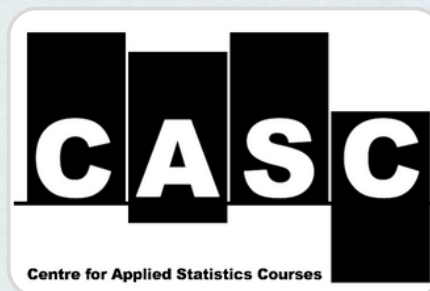


### **QIC Learn:** **Introduction to Quality Improvement**



*To enroll, please scan the QR code*

### **CASC:** **Introduction to Research Methods and Statistics**



13 - 17 January 2025  
9:30 am–5:00 pm

Comprehensive introduction to the fundamental aspects of research methods and statistics. [Read more...](#)

## **Research and Awards Opportunities**

*[Research and Evidence team](#)*



### **Lorber Award for Best Scientific Paper in Paediatrics**

This is awarded to a pre-consultant grade medical practitioner working in the UK for the best scientific paper related to paediatrics. Nominations are now open for applications, applications will close on 9 December 2024 at 23:59.

[Read more...](#)



### **Dr Simon Newell Early Independent Researcher award**

The RCPCH, Sparks and GOSH Charity make an annual award for excellence in research to an outstanding young medical research worker in British paediatrics. Nominations are now open for applications until 9 December 2024 at 23:59.

[Read more...](#)



### **RCPCH-NIHR PIER Award**

The RCPCH-NIHR PIER (Paediatric Involvement and Engagement in Research) Award recognises significant contributions to excellent patient engagement for NIHR Clinical Research Network Portfolio studies.

Applications are now open until 9 December 2024 at 23:59.

[Read more...](#)







## Trainee Research nEtnetwork Education Seminars (TREES)

TREES is a new monthly webinar series from the RCPCH Trainee Research Network. Especially for paediatricians in training, these webinars will help you get involved in research and meet key capabilities in the Progress+ curriculum's research and scholarship domain.

The next webinar will be on **Tuesday 26 November, 13:00**.

It is on '**Academic Paediatric Careers: or many different ways to have a nice bath**' by **Dr Anu Goenka** (Consultant Senior Lecturer in Paediatric Immunology and Infectious Diseases at University of Bristol)

[Read more...](#)



When you [register](#) for this webinar via [MedAll](#), you can watch previous sessions on-demand.



### From curiosity to discovery: Research Essentials for Paediatricians in Training

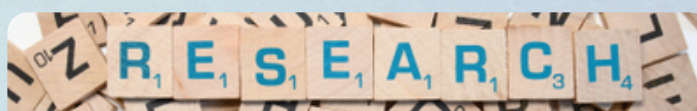
This event is aimed at supporting paediatricians in training. If you have little or no prior experience with research and would like to learn about research within paediatrics, join us for this online event.

The event will explore the essentials of research including some of the domains covered within the Progress+ curriculum such as quality improvement and systematic reviews.

Date: 3 December 2024

Time: 09.00 - 17.00

[Read more...](#)



**From curiosity to discovery:  
research essentials for paediatricians in training  
3 December 2024**

Do you want to learn more about research? Join us for our online training event, where we will explore the essentials of research and content from the Progress+ curriculum quality improvement and research and scholarship domain

[Register now for our online research event](#) **RCPCH**







**Research Awards**

Open Now

NIHR | National Institute for Health Research

GREAT ORMOND STREET HOSPITAL CHARITY

Sparks

RCPCH



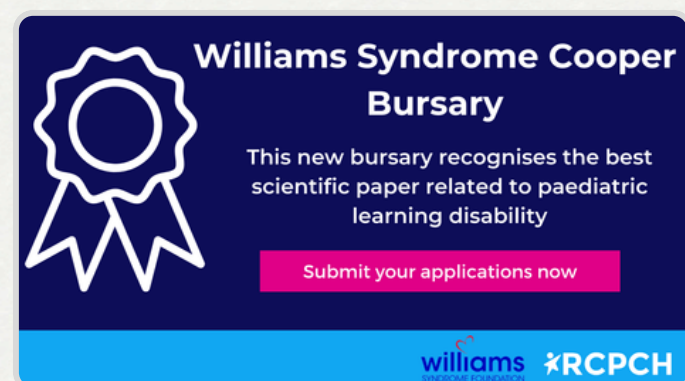
**RCPCH Conference**

26-28 March 2025  
Glasgow

**Abstract submissions for #RCPCH25 are still open!**

Future of child health: innovate, integrate and inspire

RCPCH



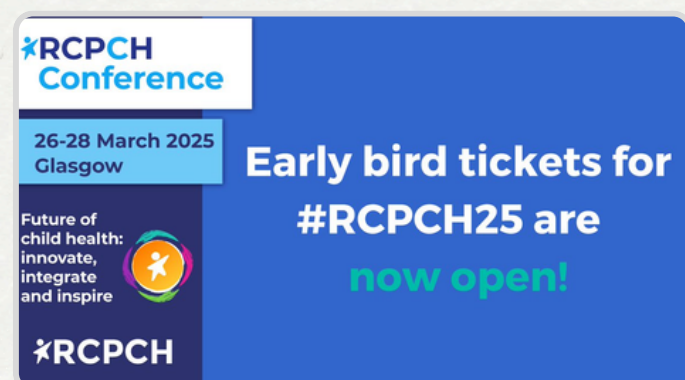
**Williams Syndrome Cooper Bursary**

This new bursary recognises the best scientific paper related to paediatric learning disability

Submit your applications now

williams SYNDROME FOUNDATION

RCPCH



**RCPCH Conference**

26-28 March 2025  
Glasgow

**Early bird tickets for #RCPCH25 are now open!**

Future of child health: innovate, integrate and inspire

RCPCH



## Excellence in evidence-based medicine: Clinical Guideline Development and Systematic Reviews - workshop

This one-day workshop will equip paediatricians with the requisite skills for high-quality national guideline development, from systematic reviews and critical appraisal of evidence through formal consensus processes.

You will also have the opportunity to network with experts in the field including representatives from NICE and colleagues across specialty groups.



[Read more...](#)

## Opportunities you might be interested in:

### 1. QIC Learn Courses:

For more information, please contact Lizzie Starkey at [elizabeth.starkey@nhs.net](mailto:elizabeth.starkey@nhs.net) or EMPANs at [eastmidspan@gmail.com](mailto:eastmidspan@gmail.com)

### 2. RCPCH Trainee Research Network:

Join the monthly **TREES** (Trainee Research Network Education Seminars) webinar series.

### 3. Follow us on X: [@EastMidsPAN](#)

### 4. RCPCH Research Training Day:

Next event on 3rd December 2024. Sign up here: [RCPCH Event Link](#)

